

2023 ECA JUNIOR AND U23 EUROPEAN CHAMPIONSHIPS 20 - 23 JULY 2023 BRATISLAVA

TIME Training Day 1 Saturday 15 July 2023 Start 7:00:00 Water On and settled 7:00:00 Forerunner training 7:30:00 Official training 17:30:00 Set Kayak Cross Course 18:00:00 Kayak Cross Training 20:30:00 Set Slalom Gates Water Off 21:00:00 TIME **Training Day 2** Sunday 16 July 2023 Start 7:00:00 Water On and settled 7:00:00 Forerunner training 7:30:00 Official training 17:30:00 Set Kayak Cross Course 18:00:00 Kayak Cross Training 20:30:00 Set Slalom Gates 21:00:00 Water Off TIME **Training Day 3** Monday 17 July 2023 Start Water On and settled 7:00:00 7:00:00 Forerunner training Official training 7:30:00 17:30:00 Set Kayak Cross Course 18:00:00 Kayak Cross Training 18:15:00 Team leaders meeting 20:30:00 Set Slalom Gates 21:00:00 Water Off TIME **Training Day 4** Tuesday 18 July 2023 Start Water On and settled 7:00:00 7:00:00 Forerunner training Official training 7:30:00 17:30:00 Set Kayak Cross Course 18:00:00 Kayak Cross Training 20:30:00 Set Slalom Gates Water Off 21:00:00 TIME Training Day 5 Wednesday 19 July 2023 Start 7:00:00 Water On and settled Forerunner training 7:00:00 7:30:00 Official training First ITOs meeting 14:00:00 **HEATS EVENTS COURSE** 14:10:00 Heats events - Course construction 16:05:00 Heats events - Course Tuning with demonstration runners 16:45:00 Heats events - Course approval 17:10:00 Heats events - full length demo run & rehearsal 18:00:00 **Opening Ceremony** 18:30:00 Water Off

TIME	Day 1
Start	Thursday 20 July 2023
7:30:00	Water On and settled
	HEATS - U23 - GROUP 1
8:45:00	Forerunners
9:00:00	MK1 U23 - 1st Run
10:05:00	WK1 U23 - 1st Run
10:50:00	MK1 Junior - 1st Run
11:55:00	WK1 Junior - 1st Run
12:30:00	MK1 U23 - 2nd Run
13:15:00	WK1 U23 - 2nd Run
12:30:00	MK1 Junior - 2nd Run
13:15:00	WK1 Junior - 2nd Run
	TEAM EVENTS - GROUP 1
14:30:00	Forerunners
14:45:00	MK1 U23 Teams
15:27:30	WK1 U23 Teams
15:57:30	MK1 Junior Teams
16:37:30	WK1 Junior Teams
	TEAM EVENTS - MEDALS CEREMONIES
17:20:00	MK1 U23 Teams - Medals ceremony
17:26:00	MK1 Junior Teams - Medals ceremony
17:32:00	WK1 U23 Teams - Medals ceremony
17:38:00	WK1 Junior Teams - Medals ceremony
17:45:00	Water OFF
TIME	Day 2
	Day 2 Friday 21 July 2023
TIME	
TIME Start	Friday 21 July 2023
TIME Start 7:00:00	Friday 21 July 2023 Water On and settled
TIME Start 7:00:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection
TIME Start 7:00:00 7:15:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2
TIME Start 7:00:00 7:15:00 8:45:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners MC1 U23 - 1st Run
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners MC1 U23 - 1st Run WC1 U23 - 1st Run
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners MC1 U23 - 1st Run WC1 U23 - 1st Run MC1 Junior - 1st Run
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 10:55:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners MC1 U23 - 1st Run WC1 U23 - 1st Run MC1 Junior - 1st Run WC1 Junior - 1st Run
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 10:55:00 11:30:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners MC1 U23 - 1st Run WC1 U23 - 1st Run MC1 Junior - 1st Run WC1 U23 - 2nd Run
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 11:30:00 11:55:00	Friday 21 July 2023Water On and settledPole Adjustment and inspectionHEATS - GROUP 2ForerunnersMC1 U23 - 1st RunWC1 U23 - 1st RunWC1 U23 - 1st RunWC1 Junior - 1st RunWC1 Junior - 1st RunWC1 U23 - 2nd RunWC1 U23 - 2nd Run
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 11:30:00 11:55:00 12:15:00	Friday 21 July 2023Water On and settledPole Adjustment and inspectionHEATS - GROUP 2ForerunnersMC1 U23 - 1st RunWC1 U23 - 1st RunWC1 U23 - 1st RunWC1 Junior - 1st RunWC1 Junior - 1st RunWC1 U23 - 2nd RunWC1 U23 - 2nd RunWC1 U23 - 2nd RunWC1 Junior - 2nd Run
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 11:30:00 11:55:00 12:15:00	Friday 21 July 2023Water On and settledPole Adjustment and inspectionHEATS - GROUP 2ForerunnersMC1 U23 - 1st RunWC1 U23 - 1st RunWC1 U23 - 1st RunMC1 Junior - 1st RunWC1 Junior - 1st RunWC1 U23 - 2nd RunWC1 U23 - 2nd RunWC1 U23 - 2nd RunWC1 Junior - 2nd RunWC1 Junior - 2nd RunWC1 Junior - 2nd Run
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 11:30:00 11:55:00 12:15:00 12:40:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners MC1 U23 - 1st Run MC1 U23 - 1st Run MC1 Junior - 1st Run WC1 Junior - 1st Run MC1 U23 - 2nd Run MC1 Junior - 2nd Run
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 11:30:00 11:55:00 12:15:00 12:40:00 14:00:00	Friday 21 July 2023Water On and settledPole Adjustment and inspectionHEATS - GROUP 2ForerunnersMC1 U23 - 1st RunWC1 U23 - 1st RunWC1 U23 - 1st RunWC1 Junior - 1st RunWC1 Junior - 1st RunWC1 U23 - 2nd RunWC1 U23 - 2nd RunWC1 U23 - 2nd RunWC1 Junior - 2nd RunWC1 Junior - 2nd RunWC1 Junior - 2nd RunWC1 Junior - 2nd RunForerunners
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 11:30:00 11:55:00 12:15:00 12:40:00 14:00:00 14:15:00	Friday 21 July 2023Water On and settledPole Adjustment and inspectionHEATS - GROUP 2ForerunnersMC1 U23 - 1st RunMC1 U23 - 1st RunWC1 U23 - 1st RunMC1 Junior - 1st RunWC1 Junior - 1st RunWC1 Junior - 1st RunWC1 U23 - 2nd RunWC1 U23 - 2nd RunWC1 U23 - 2nd RunWC1 Junior - 2nd RunWC1 Junior - 2nd RunWC1 Junior - 2nd RunTEAM EVENTS - GROUP 2ForerunnersMC1 U23 Teams
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 10:55:00 11:30:00 12:15:00 12:40:00 14:00:00 14:50:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners MC1 U23 - 1st Run WC1 U23 - 1st Run MC1 Junior - 1st Run MC1 Junior - 1st Run WC1 Junior - 1st Run MC1 U23 - 2nd Run WC1 Junior - 2nd Run MC1 Junior - 2nd Run WC1 U23 Teams
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 11:30:00 11:55:00 12:15:00 12:40:00 14:50:00 14:50:00 15:20:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners MC1 U23 - 1st Run WC1 U23 - 1st Run WC1 Junior - 1st Run MC1 U23 - 2nd Run WC1 U23 - 2nd Run WC1 Junior - 2nd Run MC1 Junior - 2nd Run MC1 Junior - 2nd Run
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 11:30:00 11:55:00 12:15:00 12:40:00 14:50:00 14:50:00 15:20:00	Friday 21 July 2023Water On and settledPole Adjustment and inspectionHEATS - GROUP 2ForerunnersMC1 U23 - 1st RunMC1 U23 - 1st RunMC1 Junior - 1st RunMC1 Junior - 1st RunMC1 U23 - 2nd RunMC1 U23 - 2nd RunMC1 Junior - 2nd RunMC1 Junior - 2nd RunTEAM EVENTS - GROUP 2ForerunnersMC1 U23 TeamsWC1 U23 TeamsWC1 Junior TeamsWC1 Junior Teams
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:55:00 11:30:00 11:55:00 12:15:00 12:40:00 14:00:00 14:50:00 15:20:00 15:45:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners MC1 U23 - 1st Run WC1 U23 - 1st Run WC1 U23 - 1st Run WC1 Junior - 1st Run WC1 Junior - 1st Run WC1 U23 - 2nd Run WC1 Junior - 2nd Run WC1 Junior - 2nd Run TEAM EVENTS - GROUP 2 Forerunners WC1 U23 Teams WC1 Junior Teams WC1 Junior Teams
TIME Start 7:00:00 7:15:00 8:45:00 9:00:00 9:40:00 10:15:00 10:55:00 11:30:00 12:40:00 14:00:00 14:50:00 15:20:00 15:45:00 16:15:00	Friday 21 July 2023 Water On and settled Pole Adjustment and inspection HEATS - GROUP 2 Forerunners MC1 U23 - 1st Run WC1 U23 - 1st Run WC1 Junior - 1st Run WC1 Junior - 1st Run WC1 U23 - 2nd Run WC1 U23 - 2nd Run WC1 Junior - 2nd Run WC1 Junior - 2nd Run TEAM EVENTS - GROUP 2 Forerunners WC1 U23 Teams WC1 U23 Teams WC1 Junior Teams WC1 Junior Teams MC1 U23 Teams - Medals ceremony

	KAYAK CROSS - Tiime Trials
16:15:00	Set Kayak Cross Time Trials gates
17:30:00	MX1-U23
17:50:00	MX1-Junior
18:10:00	WX1-U23
18:25:00	WX1-Junior
20:00:00	Water Off
TIME	Day 3
Start	Saturday 22 July 2023
7:10:00	Water On and settled
	FINALS EVENTS COURSE
7:30:00	Finals events - Course Tuning with demonstration runners
8:10:00	Finals events - Course approval
8:35:00	Finals events - full length demo run & rehearsal
	SEMI FINAL & FINAL - GROUP 1
9:45:00	ITOs in position
10:00:00	Forerunners
10:15:00	MK1 U23 - Semi-final
11:05:00	WK1 U23 - Semi-final
12:20:00	MK1 Junior - Semi-final
13:10:00	WK1 Junior - Semi-final
14:45:00	MK1 U23 Final
15:20:00	WK1 U23 Final
15:45:00	MK1 Junior Final
16:20:00	WK1 Junior Final
40.50.00	MEDALS CEREMONIES - GROUP 1
16:50:00	MK1 U23 - Medals ceremony
16:56:00	WK1 U23 - Medals ceremony
17:02:00	MK1 Junior - Medals ceremony
17:08:00	WK1 Junior - Medals ceremony Water Off
17:15:00 TIME	
	Day 4 Sunday 22 July 2022
Start 7:00:00	Sunday 23 July 2023 Water On and settled
7:20:00	Pole Adjustment and inspection
7.20.00	SEMI FINAL & FINAL - GROUP 1
8:45:00	Forerunners
9:00:00	MC1 U23 - Semi-final
9:35:00	WC1 U23 - Semi-final
10:50:00	MC1 Junior - Semi-final
11:25:00	WC1 Junior - Semi-final
12:25:00	ITOs in position
12:40:00	MC1 Junior Final
13:05:00	WC1 Junior Final
13:30:00	MC1 U23 Final
13:55:00	WC1 U23 Final
	MEDALS CEREMONIES - GROUP 1
14:25:00	MC1 Junior - Medals ceremony
14:31:00	WC1 Junior - Medals ceremony
14:37:00	MC1 U23 - Medals ceremony
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14:43:00	WC1 U23 - Medals ceremony	
14:50:00	Set Kayak Cross Course	
KAYAK CROSS - Quarter final		
16:00:00	MX1-U23 - heats	
16:15:00	MX1-Junior - heats	
16:30:00	WX1-U23 - heats	
16:45:00	WX1-Junior - heats	
KAYAK CROSS - Semi final		
17:05:00	MX1-U23 - Semi-final	
17:12:00	MX1-Junior - Semi-final	
17:19:00	WX1-U23 - Semi-final	
17:26:00	WX1-Junior - Semi-final	
KAYAK CROSS - Final		
17:35:00	MX1-U23 - Final	
17:38:00	MX1-Junior - Final	
17:41:00	WX1-U23 - Final	
17:44:00	WX1-Junior - Final	
MEDALS CEREMONIES - KAYAK CROSS & CLOSING CEREMONY		
18:00:00	MX1-U23 - medals presentation	
18:06:00	MX1-Junior - medals presentation	
18:12:00	WX1-U23 - medals presentation	
18:18:00	WX1-Junior - medals presentation	
18:24:00	CLOSING CEREMONY	
18:45:00	Water Off	